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## Light lunches / Starters

Mushroom soup, homemade bread (v) £6.50

Whitebait, tartare sauce £7.50

Duck spring rolls, bbq sauce £6.50

Baked feta, honey, rosemary, garlic croutons (v) £7

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## Mains

Nourish bowl £9 sweet potato, spinach, roasted carrots, onion puree (ve)

Add Chicken breast £7, Halloumi £5 (v),  
Beetroot (ve) £5, Egg £2

Pork sausages, mash, greens, gravy £17

Battered fish, hand cut chips, garden peas £16

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## From the grill (with fries & vegetable slaw)

Chicken breast £16

Rump steak £20

All above served with onion jam

Charred steak burger, tomato chutney, lettuce,  
tomato, gherkin £16 Add cheese £1.50

Meatless burger, beetroot, cheese & vegan mayo (ve)  
£16

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## Childrens portions £7.50

Battered fish, chips, peas

Pork sausage, mash, vegetables

Beef burger, fries, slaw

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If you have any allergies or intolerances, please speak  
to us if you require information about our ingredients

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## Nibbles/Sides £3.75

Nocellara olives (ve)

Fries OR hand cut chips (ve)

Slaw

Homemade bread, whipped butter

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## Sweet stuff £7

Vanilla cheesecake, caramel sauce, fudge

Chocolate brownie, vanilla ice cream

Pear flan, cinnamon custard

Ice cream 3 scoops Chocolate, vanilla & mango sorbet

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## Hot drinks

Espresso £2.65

Americano £2.75

Caffe latte £3.00

Flat white OR Cappuccino £3.10

Mocha £3.40

Loose leaf tea, English breakfast, peppermint,  
redbush, earl grey, decaf £3.00

Hot chocolate £3.30

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## Coffee Morning

Friday from 9am onwards

Coffee, cake, sausage rolls, cheese scones

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## Specials & Homemade cakes

See blackboard

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